

1989 Region 8AA Championship at St. Cloud Apollo, June 4, 1989

Teams: Moorhead 141, Bemidji 116, St. Cloud Apollo 74, Little Falls 49, Rocori 41, Detroit Lakes 28, Brainerd 25, St. Cloud Tech 18, Alexandria 15, Fergus Falls 12, Thief River Falls 8, ...

100

1 Dennis Klowcow, Moorhead	10.94
2 Joe Nelson, Moorhead	11.00
3 Todd Sandman, Little Falls	11.02
4 Shawn Stone, Bemidji	11.05
5 Rob Loucks, Alexandria	11.13
6 Shannon Humbert, Rocori	11.20

200

1 Todd Sandman, Little Falls	22.77
2 Joe Nelson, Moorhead	23.06
3 Dennis Klowcow, Moorhead	23.15
4 Mike Keller, Apollo	23.37
5 Shawn Stone, Bemidji	23.42
6 Shannon Humbert, Rocori	23.60

400

1 Mike Keller, Apollo	51.26
2 Pete Sullivan, Bemidji	51.37
3 Chad Peterson, Moorhead	51.45
4 Randy Hansen, Alexandria	51.89
5 Matt Bensen, Moorhead	52.29
6 Steve Nichols, Moorhead	53.87

800

1 Troy Anderson, Bemidji	1:57.23
2 Todd Harms, Bemidji	1:59.44
3 Tom Mayer, Fergus Falls	2:00.24
4 Jason Blake, Bemidji	2:00.75
5 Jay Bergland, Thief River Falls	2:01.86
6 Tim Dirks, St Cloud Tech	2:02.79

1600

1 Dave Carpenter, Bemidji	4:28.84
2 Frank White, Bemidji	4:32.85
3 Jim Bailiff, Brainerd	4:32.86
4 Jeremy Sisler, Thief River Falls	4:36.18
5 Mark Esala, Alexandria	4:39.06
6 Sean Kaneski, Brainerd	4:44.67

3200

1 Todd Viere, Rocori	9:56.66
2 Jon Wagner, Apollo	9:59.57
3 Pat Schreifels, Apollo	10:17.65
4 Jason Hill, Detroit Lakes	10:19.94
5 Jason Massmann, Rocori	10:21.82
6 Jim Bailiff, Brainerd	10:21.84

High Hurdles

1 Donovan DeJong, Moorhead	15.05
2 Jeff Lipke, Detroit Lakes	15.22
3 Greg Stumbo, Moorhead	15.29
4 Scott Arntson, Moorhead	15.42
5 Derrick Hanson, Brainerd	15.83
6 Ted Mart, Bemidji	15.91

Intermediate Hurdles

1 Ted Mart, Bemidji	41.70
2 Greg Stumbo, Moorhead	41.92
3 Donovan DeJong, Moorhead	42.25
4 Jeff Lipke, Detroit Lakes	42.28
5 Doug Updike, Rocori	42.31
6 Bob Theisen, Brainerd	42.31

4x100 Relay

1 Apollo	44.25
2 Little Falls	44.54
3 Bemidji	45.03
4 Moorhead	45.16
5 Brainerd	45.30
6 Rocori	45.61

4x400 Relay

1 Moorhead	3:29.19
2 Bemidji	3:33.07
3 St. Cloud Tech	3:35.06
4 Alexandria	3:38.09
5 Rocori	3:40.46
6 SC Apollo	3:41.56

Sprint Medley Relay

1 Bemidji	3:44.43
2 Moorhead	3:47.26
3 Little Falls	3:50.97
4 Fergus Falls	3:55.16
5 Thief River Falls	3:55.82
6 St Cloud Tech	3:55.89

Shot Put

1 Rob Hydukovich, Bemidji	54-1
2 Bill Steven, Rocori	52-1
3 Brian Hamlin, Moorhead	51-8
4 Jason Schnathorst, Detroit Lakes	48-8 ½
5 Shawn Reynolds, Brainerd	48-3
6 Reid Rengel, SC Tech	47-4 ½

Discus Throw

1 Marty Chisholm, Brainerd	161-9
2 Todd Kleinschmidt, Little Falls	146-6
3 Chris Mather, Moorhead	141-11
4 Bryan Goerger, Rocori	141-6
5 Craig Jerome, Alexandria	138-10
6 Todd Kamrud, Bemidji	138-9

Long Jump

1 Todd Williams, Apollo	21-6
2 John Peyerl, Apollo	20-9
3 Barclay Klinker, Little Falls	20-7 ¾
4 Andy Rydland, SC Tech	20-3 ¼
5 Joe Nelson, Moorhead	19-5 ½
6 Todd Kleinschmidt, Little Falls	19-5 ½

Triple Jump

1 Darren Brinker, Rocori	42-7 ¾
2 Scott Arntson, Moorhead	40-9
3 Jon Gensler, Moorhead	39-11 ½
4 Barclay Klinker, Little Falls	39-9 ¾
5 Tony Welter, Apollo	39-8 ½
6 Rob Loucks, Alexandria	39-4 ¾

High Jump

1 Jon Gensler, Moorhead	6-1
2 Ted Mart, Bemidji	6-1
3 Ed Gulland, Apollo	6-1
3 Peter Gallatin, Moorhead	6-1
5 T.J. Buboltz, Detroit Lakes	5-10
6 Andy Rydland, SC Tech	5-10

Pole Vault

1 Todd Williams, Apollo	13-0
2 Jared Echernach, Bemidji	13-0
3 Mike Frank, Detroit Lakes	12-6
4 Nate Hubert, SC Tech	12-0
5 Dan Hasbargen, Fergus Falls	12-0
6 Mike Winans, Moorhead	11-6

* Ties Meet Record

** New Meet Record

Notes: